

# ELLINGTON ACTIVITIES



**Legend**  
 (AT) Community Centre Atrium/Cafe  
 (AA) Ellington Activity Area  
 (L) Library (TR) Tea Room  
 (FR) Fitness Room (C) Chapel  
 (CC) Community Centre  
 (GR) Games Room  
 Community Centre  
 (M) Main Lobby  
 (4) Nottingham

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Dir. of Recreation &amp; Volunteer Services:</b>            Marta Braga Ext. 2227  <b>Recreationists:</b>            Michelle Holland Ext. 2366 (Ellington)            Tonya Botting, Ali Bott &amp; Katie Lammert Ext. 2232            Tracy Oliver Ext. 2496 (Nottingham &amp; Ret +)  <b>Chaplain:</b>            Pastor Mike Ext. 2248</p>		<p><b>New Years Day 1</b></p> <p>9:15 Reminiscing (L)            2:00 <b>Movie Matinee</b>            Showing: <i>"Dumplin'"</i> (N)</p> <p>2:45 Afternoon Tea (TR)            3:00-4:00 Fitness Room Exercises (FR)</p>	<p><b>2</b></p> <p>10:30 <b>St. Georges Anglican Communion (C)</b></p> <p>1:15 Christmas Clean Up (M)</p> <p>2:45 Afternoon Tea (TR)            3:30 Chicken Soup for the Soul Reading (L)            6:15 Watching "The Crown" (M)</p>	<p><b>3</b></p> <p>10:00 <b>Music &amp; Rhythm with Krystyna (M)</b></p> <p>11:15 VON Physio Exercises (AA)            1:15 Table Tennis (CC)  <b>2:00 Music with Gary (CC)</b>            2:45 Afternoon Tea (TR)            3:15 Bible Study (AA)</p>	<p><b>4</b></p> <p>8:00 <b>Breakfast Club (Sign Up) (AT)</b>            10:00 Geography Bee (L)            11:00 Walker's Club Inside Walks (Meet in M)            1:15 Card Game UNO (TR)            2:15 Pass the Parcel (L)            2:45 Afternoon Tea (TR)            3:00-4:00 Fitness Room Exercises (FR)            3:15 Word Connect (M)</p>	<p><b>5</b></p> <p>9:00 Skip-Bo (TR)            10:00 <b>Games w/ St. Philopateer Church Youth Group (CC)</b></p> <p>2:00 <b>Movie Matinee</b>            Showing: <i>"Mowgli"</i> (4)            2:45 Afternoon Tea (TR)</p>
<p><b>6</b></p> <p>9:15 Coffee Time (TR)            10:00 Catholic Communion (PD)            11:00 Classical Music with Catherine (Nottingham)            11:00-12:00 Fitness Room Exercises (FR)  <b>2:00 Chapel Service with Pastor Mike (C)</b>  <b>2:45 Specialty Coffee Hour (AT)</b>  <b>\$4.00/coffee with alcohol</b>            2:45 Afternoon Tea (TR)</p>	<p><b>7</b></p> <p>9:30 Hymn Sing (M)            10:30 Word Mining (L)            11:00 Bookmobile (Outside AT)            11:15 Shake Loose A Memory (L)            1:15 Crokinole (AA)            2:15 Guitar w. Katie (M)            3:30 Guided Relaxation (AA)            2:45 Afternoon Tea (TR)            6:00-7:00 Fitness Room Exercises (FR)</p>	<p><b>8</b></p> <p>9:15 Categories Word Game (L)  <b>10:00 Showing Anne of Green Gables TV Series(M)</b>            11:00 VON Physio Exercises (AA)            1:15 Table Tennis (CC)            2:45 Afternoon Tea (TR)            3:30 Pictionary (L)            4:00 Classical Piano with Theola (M)            6:00-7:00 Fitness Room Exercises (FR)  <b>6:15 5 Cent Bingo (AT)</b></p>	<p><b>9</b></p> <p>9:15 Coffee Time (TR)            10:00 Simply Stretch (M)            10:45 Crosswords (M)            1:15 Table Tennis (CC)  <b>Mary Poppins Cineplex Outing (Sign up)</b>            2:15 Travelogue to Turkey (M)            2:45 Afternoon Tea (TR)            3:15 Sing A Long (M)</p>	<p><b>10</b></p> <p>1:15 Trivia (L)            2:00 VON Physio Exercises (AA)            2:45 Afternoon Tea (TR)            3:15 Bible Study (AA)            3:30-4:30 Fitness Room Exercises (FR)            4:00 Classical Piano with Theola (M)  <b>6:30 Pub Night with David Kirby (AT)</b></p>	<p><b>11</b></p> <p>9:30 Short Stories (L)            10:30 Ante Up (L)            11:15 Sing Along (M)            1:30 Alphabet Challenge (L)            2:30 Shuffleboard Bowling (AA)            2:45 Afternoon Tea (TR)            3:00-4:00 Fitness Room Exercises (FR)            3:30 Sit &amp; Knit (L)            4:00 Classical Piano with Theola (M)</p>	<p><b>12</b></p> <p>9:00 Skip-Bo (TR)  <b>10:00 Games with Youth Group (CC)</b>  <b>2:00 Movie Matinee</b>            Showing: <i>"Little Women"</i> (4)</p> <p>2:45 Afternoon Tea (TR)</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
9:15 Coffee Time (TR) 10:00 Catholic Communion (PD) 11:00-12:00 Fitness Room Exercises (FR) <b>2:00 Chapel Service with Pastor John Fairchild (C)</b> <b>2:45 Specialty Coffee Hour (AT) \$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)	9:15 Coffee Time (TR) 10:00 Food Committee Meeting (AA) 10:15 Simply Stretch (M) 11:15 Uno (TR) 11:00 Bookmobile (Outside AT) 1:15 Reminiscing (L) <b>1:30 Butterfly Conservatory Outing (Sign Up)</b> 2:15 Trivia (L) 2:45 Afternoon Tea (TR) 3:15 Guitar w. Katie (M) 6:00-7:00 Fitness Room Exercises (FR)	9:30 Skip-Bo (TR) 10:30 VON Physio Exercises (AA) 11:15 Artist Corner (L) 10:30 St. Georges Anglican Communion (C) <b>2:00 Hymns with Joy (M)</b> 2:45 Afternoon Tea (TR) <b>3:00 Resident Council (TR)</b> 4:00 Classical Piano with Theola (M) 6:00-7:00 Fitness Room Exercises (FR) <b>6:45 Rotary Bingo (AT)</b>	9:15 Coffee Time (TR) 10:00 Exercises (AA) <b>10:00 Roman Catholic Mass (C)</b> 10:45 Chef's Corner-Making Snowball Cookies (AA) 1:15 Table Tennis (CC) <b>2:15 Creative Corner with Neco (L)</b> 2:45 Afternoon Tea (TR)	11:30 Spelling Bee (L) 1:15 Finish the Lyrics (L) 2:00 VON Physio Exercises (AA) 3:30 Crosswords (M) 3:30-4:30 Fitness Room Exercises (FR) 2:45 Afternoon Tea (TR) 4:00 Classical Piano with Theola (M) <b>6:15 5 Cent Bingo (AT)</b> 	<b>PET DAY</b> Zeke & Pippi will be here to visit all day in the Private Dining Room! Make sure to drop by! 2:45 Afternoon Tea (TR) 3:00-4:00 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)	9:00 Skip-Bo (TR) <b>10:00 Creative Expressions with Barbara (CC)</b> <b>2:00 Movie Matinee Showing: "Collateral Beauty" (4)</b>  2:45 Afternoon Tea (TR)
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
9:15 Coffee Time (TR) 10:00 Catholic Communion (PD) 11:00 Classical Music with Catherine (Nottingham) 11:00-12:00 Fitness Room Exercises (FR) <b>2:00 Chapel Service with Priory Park Baptist (C)</b> <b>2:45 Specialty Coffee Hour (AT)</b> <b>\$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)	9:15 Reminiscing (L) 10:00 Exercises (AA) 10:45 Name That Tune (L) 11:00 Bookmobile (Outside AT) <b>2:00 City Drive with Tim Hortons (Sign Up)</b> 2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)	1:15 VON Physio Exercises (AA) <b>2:00 Memorial Service (C)</b> 2:45 Afternoon Tea (TR) 3:30 Short Stories (L) 4:00 Classical Piano with Theola (M) <b>5:00 Wing Night Supper Club (AT) (Sign up)</b> 6:00-7:00 Fitness Room Exercises (FR)	<b>Pyjama Day</b> 9:15 Coffee Time (TR) 10:00 Simply Stretch (M) 10:45 Pyjama Hot Chocolate Social & Sing A Long (M) 1:15 Table Tennis (CC) 2:00 Pyjama Party Movie Matinee (CC) Feature Movie: My Girl  2:45 Afternoon Tea (TR)	11:15 Crokinole (AA) <b>2:00 Happy Hour with Backporch Band (CC)</b> <b>\$4.00/alcoholic drink</b> 2:45 Afternoon Tea (TR) 3:15 Bible Study (L) 3:30-4:30 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M) <b>6:15 5 Cent Bingo (AT)</b> 	9-11 Hearing Aid Clinic (CC) 9:30 Armchair Travel with Google Earth (M) 10:30 Be the Judge (L) 11:15 Word Connect (M) 1:15 Bible Trivia (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:30 Sit & Knit (L) 3:00-4:00 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)	9:00 Skip-Bo (TR) 10:00 Cat Visits with Beth & Petrie (PD) <b>2:00 Movie Matinee Showing: "Sense &amp; Sensibility" (4)</b>  2:45 Afternoon Tea (TR)
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Sign up for our monthly events/outings with Recreation staff.</b> Transportation within Guelph \$6 & \$10 Outside. <b>All programs are subject to change.</b> *Cancellation required 48hrs prior or subject to payment* ➤ <u>Fri. Jan. 4<sup>th</sup> @ 8:00 a.m. Breakfast Club</u> Sign up by: <u>Thurs. Jan 3<sup>rd</sup></u> <b>Cost: Free</b> ➤ <u>Wed. Jan. 9<sup>th</sup> @ TBD. Mary Poppins Cineplex Outing</u> Sign up by: <u>Mon. Jan. 7<sup>th</sup></u> <b>Cost:</b> \$6 Transportation + Ticket & Snack \$ ➤ <u>Mon. Jan 14<sup>th</sup> @ 1:30pm Butterfly Conservatory</u> Sign up by: <u>Sat. Jan. 12<sup>th</sup></u> <b>Cost:</b> \$10 Transportation + Admission ➤ <u>Mon. Jan. 21<sup>st</sup> @ 2:00pm City Drive &amp; Tim Horton's</u> Sign up by: <u>Sat. Jan. 19<sup>th</sup></u> <b>Cost:</b> \$10 Transportation + Coffee \$ ➤ <u>Tues. Jan. 22<sup>nd</sup> @ 5:00pm Wing Night Supper Club</u> Sign up by: <u>Sun Jan. 20<sup>th</sup></u> <b>Cost:</b> \$15 **Alcohol +\$4**	
9:15 Coffee Time (TR) 10:00 Catholic Communion (PD) 11:00-12:00 Fitness Room Exercises (FR) <b>2:00 Chapel Service with Pastor Mike (C)</b> <b>2:45 Specialty Coffee Hour (AT)</b> <b>\$4.00/coffee with alcohol</b> 2:45 Afternoon Tea (TR)	9:15 Spot the Difference (M) 10:15 Word Searches (L) 11:15 Hymn Sing (M) 11:00 Bookmobile (Outside AT) 1:15 Shake Loose a Memory (L) 2:00 VON Physio Exercises (AA) 3:30 Guided Relaxation (AA) 2:45 Afternoon Tea (TR) 6:00-7:00 Fitness Room Exercises (FR)	9:30 Card Game: Uno (TR) 10:30 Painting (L) 1:15 Discussion Group: "The Rise and Fall of the Bath Tub" (L) 2:00 VON Physio Exercises (AA) 2:45 Afternoon Tea (TR) 3:30 Crosswords (M) 4:00 Classical Piano with Theola (M) 6:00-7:00 Fitness Room Exercises (FR)	11:15 Word Scrambles (L) <b>2:00 Birthday Party with Craig Manning (CC)</b>  4:00 Geography Bee (L) 6:15 Watching "The Crown" (M)	9:00 Coffee Time (TR) <b>10:00 Music &amp; Rhythm with Krystyna (M)</b>  <b>2:00 Travel to Australia (CC)</b> 2:45 Afternoon Tea (TR) 3:15 Bible Study (AA) 3:30-4:30 Fitness Room Exercises (FR) 4:00 Classical Piano with Theola (M)		